

2001 MIAC Women's Outdoor Track and Field - Individual Results

100 Meter Dash

Round 1, Heat 1

1 Jen Ewertz, Jr, St. Benedict	12.51Q
2 Heidi Vogel, So, St. Thomas	12.58q
3 Maggie Stolp, Fr, Gustavus	13.05q
4 Anne Sikorra, So, St. Catherine	13.10
5 Amanda Stoelb, Fr, St. Thomas	13.26
6 Laura Caldwell, Sr, St. Benedict	13.40
7 Pam Mertens, So, Gustavus	13.66
8 Kristy Gloe, Fr, St. Olaf	13.76

Round 1, Heat 2

1 Kari Pederson, Sr, Saint Mary's	12.58Q
2 Kelli Tranby, Jr, Concordia	12.80q
3 Kelly Spitzley, Fr, St. Olaf	13.20
4 Shannon Verly, Gustavus	13.29
5 Delinda Tamagni, So, St. Catherine	13.38
6 Erin Elling, So, Gustavus	13.40
7 Stacy Heiling, So, Hamline	13.44
8 Lesley Albertson, Jr, Concordia	13.65

Round 1, Heat 3

1 Jill Ylonen, So, St. Thomas	12.51Q
2 Elizabeth Durney, So, Macalester	12.84q
3 Kari Rosenfeldt, So, Concordia	13.05q
4 Ali Judkins, So, St. Benedict	13.12
5 Laura Widen, Fr, St. Catherine	13.53
6 Kristina Isaacson, Fr, Bethel	13.73
7 Sarah Lang, So, Carleton	13.98
8 Erin Ranta, Fr, St. Thomas	13.99

Final

1 Jill Ylonen, So, St. Thomas	12.48
2 Jen Ewertz, Jr, St. Benedict	12.79
3 Kari Pederson, Sr, Saint Mary's	12.86
4 Heidi Vogel, So, St. Thomas	12.99
4 Kelli Tranby, Jr, Concordia	12.99
6 Elizabeth Durney, So, Macalester	13.02
7 Maggie Stolp, Fr, Gustavus	13.31
8 Kari Rosenfeldt, So, Concordia	13.35

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200 Meter Dash

Round 1, Heat 1

1 Jen Ewertz, Jr, St. Benedict	25.82Q
2 Kari Pederson, Sr, Saint Mary's	26.06q
3 Becky Peterson, Fr, St. Olaf	26.28q
4 Anne Sikorra, So, St. Catherine	26.57
5 Kelly Spitzley, Fr, St. Olaf	27.01
6 Anne Radabaugh, So, St. Benedict	27.21
7 Meghan O'Brien, Fr, St. Thomas	27.45
8 Kristy Gloe, Fr, St. Olaf	28.12

Round 1, Heat 2

1 Jill Ylonen, So, St. Thomas	25.77Q
2 Jen Bruns, So, St. Benedict	26.07q
3 Heidi Vogel, So, St. Thomas	26.19q
4 Ellen Graef, Fr, Gustavus	26.63
5 Amanda Stoelb, Fr, St. Thomas	27.02
6 Crystal Dusich, Sr, St. Thomas	27.14
7 Shannon Verly, Gustavus	28.09
8 Bretta Vrieze, So, Bethel	28.77

Round 1, Heat 3

1 Stacy Horner, Sr, Gustavus	25.56Q
2 Elizabeth Durney, So, Macalester	26.54q
3 Kari Rosenfeldt, So, Concordia	26.71
4 Whitney Ostrem, Sr, Concordia	26.86
5 Amber Liss, Jr, Saint Mary's	26.96
6 Margaret Cropp, Sr, Concordia	27.40
7 Katie Joyce, So, St. Thomas	27.82
8 Erin Elling, So, Gustavus	27.95

Final

1 Jill Ylonen, So, St. Thomas	25.67
2 Stacy Horner, Sr, Gustavus	25.71

3 Jen Ewertz, Jr, St. Benedict	26.28
4 Jen Bruns, So, St. Benedict	26.49
5 Elizabeth Durney, So, Macalester	26.57
6 Heidi Vogel, So, St. Thomas	26.60
7 Kari Pederson, Sr, Saint Mary's	26.65
8 Becky Peterson, Fr, St. Olaf	27.14

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400 Meter Dash

Round 1, Heat 1

1 Jen Bruns, So, St. Benedict	59.31Q
2 Anne Radabaugh, So, St. Benedict	59.90q
3 Whitney Ostrem, Sr, Concordia	60.30q
4 Meghan O'Brien, Fr, St. Thomas	61.81
5 Bretta Vrieze, So, Bethel	63.67
6 Nicole Bergman, Sr, St. Olaf	63.99
7 Lola Awoyinka, So, St. Benedict	65.13
8 Logan Thomas, Fr, St. Olaf	67.51

Round 1, Heat 2

1 Stacy Horner, Sr, Gustavus	59.01Q
2 Kim Swanson, Fr, Gustavus	60.37q
3 Ellen Graef, Fr, Gustavus	60.94q
4 April Henderson, Fr, St. Benedict	62.86
5 Liz Cassel, So, Carleton	63.10
6 Michelle Cottingham, So, St. Benedict	64.27
7 Sydney Larson, Sr, St. Catherine	66.04

Round 1, Heat 3

1 Amber Liss, Jr, Saint Mary's	60.56Q
2 Marit Grorud, Fr, St. Olaf	61.37q
3 Laura Widen, Fr, St. Catherine	62.78
4 Taryn Weakly, So, St. Olaf	64.18
5 Kelly Mattison, Sr, St. Olaf	65.00
6 Deb Randt, Sr, Concordia	65.04
7 Sara Daymont, Sr, St. Olaf	65.67
Dawn Mielke, So, St. Olaf	DQ

Final

1 Stacy Horner, Sr, Gustavus	56.56
	NCAA Automatic
	NCAA Provisional
2 Jen Bruns, So, St. Benedict	58.75
3 Amber Liss, Jr, Saint Mary's	59.80
4 Kim Swanson, Fr, Gustavus	59.82
5 Ellen Graef, Fr, Gustavus	59.85
6 Anne Radabaugh, So, St. Benedict	60.02
7 Whitney Ostrem, Sr, Concordia	60.60
8 Marit Grorud, Fr, St. Olaf	61.11

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800 Meter Run

Round 1, Heat 1

1 Megan Daymont, So, St. Olaf	2:18.45Q
2 Tish Dusich, So, St. Thomas	2:18.49Q
3 Teresa Smock, Fr, St. Thomas	2:18.87q
4 Jill Ament, Fr, St. Catherine	2:21.51q
5 Kendra Lee, So, Concordia	2:21.97q
6 Jessica Deutsch, Fr, Carleton	2:22.91
7 Renee Willkom, Fr, Saint Mary's	2:31.51
8 Teresa Lewandowski, Sr, Augsburg	2:34.10

Round 1, Heat 2

1 Heidi Brenden, Sr, Concordia	2:19.98Q
2 Emily Koller, Jr, Macalester	2:20.61Q
3 Rachel Bjorklund, Sr, Bethel	2:21.35q
4 Abby Love, Fr, St. Olaf	2:22.93
5 Cindy Blendermann, Fr, St. Benedict	2:24.07
6 Katie Fuhrman, Jr, St. Catherine	2:27.36
7 Jackie Danforth, Sr, Bethel	2:34.40
8 Theresa Miller, So, Saint Mary's	2:37.78

Final

1 Heidi Brenden, Sr, Concordia	2:13.38
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	NCAA Provisional	
2 Tish Dusich, So, St. Thomas		2:14.56
	NCAA Provisional	
3 Emily Koller, Jr, Macalester		2:17.54
4 Teresa Smock, Fr, St. Thomas		2:18.34
5 Megan Daymont, So, St. Olaf		2:21.89
6 Jill Ament, Fr, St. Catherine		2:22.65
7 Rachel Bjorklund, Sr, Bethel		2:24.39
8 Kendra Lee, So, Concordia		2:25.03

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1500 Meter Run

Round 1, Heat 1

1 Heidi Brenden, Sr, Concordia	4:49.80Q
2 Teresa Olsen, Sr, Hamline	4:50.11Q
3 Jen Skalko, Fr, Gustavus	4:52.17Q
4 Emily Koller, Jr, Macalester	4:53.19Q
5 Sarah Rustad, Sr, Concordia	5:05.84q
6 Megan Call, Jr, St. Olaf	5:08.69q
7 Stacie Bulfer, Fr, Gustavus	5:10.11
8 Theresa Miller, So, Saint Mary's	5:18.29
9 Mo Mullikin, Fr, Macalester	5:21.98
10 Kara Schulz, Sr, Bethel	5:26.64
11 Tessa Pierson, Jr, St. Olaf	5:33.27
12 Elizabeth Sutton, Jr, Carleton	5:34.25
13 Sara Knoll, Jr, Hamline	5:49.91
14 Lisa Wojahn, So, Hamline	5:55.54

Round 1, Heat 2

1 Megan Daymont, So, St. Olaf	4:57.59Q
2 Muggy Lee, Jr, Carleton	4:58.27Q
3 Margie Tilman, Sr, St. Olaf	4:58.72Q
4 Chrissy Baune, Jr, Augsburg	4:58.87Q
5 Katie Storlie, Sr, St. Olaf	5:05.21q
6 Abby Okrent, Jr, Carleton	5:06.41q
7 Traci Bartz, So, St. Olaf	5:11.16
8 Kristin O'Connell, Fr, Carleton	5:22.28
9 Mischa Werschkul, Fr, Macalester	5:28.70
10 Emily Hagen, Fr, St. Olaf	5:30.07
11 Kjersten Johnson, Fr, St. Olaf	5:34.69
12 Katie Gruner, Fr, St. Olaf	5:36.14
13 Kayla Crank, Fr, St. Olaf	5:39.61
14 Angie Johnson, Fr, St. Benedict	5:58.68

Final

1 Heidi Brenden, Sr, Concordia	4:39.12
	NCAA Provisional
2 Teresa Olsen, Sr, Hamline	4:46.46
3 Emily Koller, Jr, Macalester	4:46.84
4 Chrissy Baune, Jr, Augsburg	4:46.91
5 Jen Skalko, Fr, Gustavus	4:47.48
6 Megan Daymont, So, St. Olaf	4:50.79
7 Margie Tilman, Sr, St. Olaf	4:53.52
8 Sarah Rustad, Sr, Concordia	4:59.18
9 Muggy Lee, Jr, Carleton	5:00.57
10 Katie Storlie, Sr, St. Olaf	5:14.04
11 Megan Call, Jr, St. Olaf	5:16.76
12 Abby Okrent, Jr, Carleton	5:26.49

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3000 Meter Run

1 Kelly Faris, Sr, St. Thomas	10:37.74
2 Heather Brenden, Sr, Concordia	10:40.79
3 Chrissy Baune, Jr, Augsburg	10:45.10
4 Angela Wolkowski, Jr, Bethel	10:48.06
5 Anne Sateren, Sr, St. Olaf	10:49.51
6 Brigid Franey, Jr, St. Olaf	10:56.99
7 Melissa Grunst, Fr, Carleton	11:02.19
8 Becky Mooney, Jr, St. Thomas	11:10.05
9 Margie Tilman, Sr, St. Olaf	11:11.44
10 Beth Sexton, Jr, St. Benedict	11:12.33

11 Alana Lucio, Fr, St. Thomas	11:15.90
12 Anah Huggenvik, Gustavus	11:16.69
13 Deb Pagels, Sr, St. Olaf	11:20.63
14 Alison Traffanstedt, Fr, Carleton	11:23.05
15 Rachel Schwingler, Fr, Gustavus	11:28.81
16 Katie Storlie, Sr, St. Olaf	11:30.97
17 Jenny Maxted, Jr, Hamline	11:36.41
18 Thea Strand, Jr, Hamline	12:07.03
19 Tracy Grefsrud, Jr, Gustavus	12:11.93
20 Rebecca Cramer, Sr, Macalester	12:16.51
21 Lisa Wojahn, So, Hamline	13:07.64

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5000 Meter Run

1 Kelly Faris, Sr, St. Thomas	17:48.25
	NCAA Provisional
2 Laura Bloedorn, So, Carleton	17:52.19
	NCAA Provisional
3 Katie Martin, So, Concordia	17:59.38
	NCAA Provisional
4 Brigid Franey, Jr, St. Olaf	18:25.77
5 Anne Sateren, Sr, St. Olaf	18:27.42
6 Crissy Johnson, Sr, St. Benedict	18:41.31
7 Laura Graen, Sr, Gustavus	19:00.46
8 Suzanne DePaulo, Sr, St. Olaf	19:06.67
9 Lesley Benton, So, Macalester	19:12.27
10 Stef Lenz, Sr, Gustavus	19:22.15
11 Katie Moncton, So, Carleton	19:24.28
12 Andrea Grunst, Fr, Carleton	19:45.89
13 Marne Christenson, So, Macalester	19:48.17
14 Cindy Goodwin, Fr, St. Benedict	19:57.12
15 Nicole Mauriello, Fr, Carleton	20:02.34
16 Johanna Myers, Jr, St. Benedict	20:13.70
17 Sara Skrlin, Sr, Carleton	20:26.44
18 Jill McKiernan, Fr, Carleton	20:39.13
19 Sara Conrad, Jr, St. Thomas	20:54.58
20 Tracy Grefsrud, Jr, Gustavus	21:05.92
21 Thea Strand, Jr, Hamline	21:12.43
22 Abby Okrent, Jr, Carleton	22:15.51

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10000 Meter Run

1 Laura Bloedorn, So, Carleton	37:00.54
	NCAA Automatic
	NCAA Provisional
2 Kelly Faris, Sr, St. Thomas	37:23.92
	NCAA Provisional
3 Katie Martin, So, Concordia	37:56.77
	NCAA Provisional
4 Crissy Johnson, Sr, St. Benedict	38:43.79
5 Stef Lenz, Sr, Gustavus	38:47.69
6 Brigid Franey, Jr, St. Olaf	39:28.60
7 Suzanne DePaulo, Sr, St. Olaf	39:46.89
8 Lisa Cadmus, Jr, Carleton	40:24.35
9 Johanna Myers, Jr, St. Benedict	42:12.25
10 Megan Magnall, Sr, St. Olaf	42:42.65

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100 Meter Hurdles

Round 1, Heat 1

1 Anne Sikorra, So, St. Catherine	16.13Q
2 Kim Davis, So, Carleton	16.27
3 Stacy Heiling, So, Hamline	16.56
4 Julia Gray, Jr, Macalester	18.40
5 Katie Eichten, Fr, St. Catherine	18.66
Emily Menden, Sr, St. Thomas	DNC
Carrie Stuart, Jr, Carleton	DNF
Kim Hayes, So, St. Catherine	DNF

Round 1, Heat 2

1	Katie Bestul, Sr, St. Thomas	14.70Q
	NCAA Provisional	
2	Katie Arnes, Sr, St. Thomas	15.51q
3	Becky Peterson, Fr, St. Olaf	15.85q
4	Cori Quade, So, St. Catherine	16.82
5	Andrea Barnett, So, St. Benedict	16.98
6	Clara Setzer, Sr, Saint Mary's	17.55
7	Renee Splichal, Fr, Concordia	17.60

Round 1, Heat 3

1	Molly Miller, So, St. Benedict	14.81Q
	NCAA Provisional	
2	Kara Hedin, Sr, St. Thomas	15.16q
	NCAA Provisional	
3	Heidi Fryer, Jr, Gustavus	16.03q
4	Kristina Hall, Fr, Concordia	16.23q
5	Tarah Maatz, Fr, Concordia	16.97
6	Kim Hayes, So, St. Catherine	17.07
7	Liz Murray, Fr, Gustavus	17.71
8	Kristen Haglund, So, Concordia	17.85

Final

1	Katie Bestul, Sr, St. Thomas	14.74
	NCAA Provisional	
2	Molly Miller, So, St. Benedict	15.01
	NCAA Provisional	
3	Kara Hedin, Sr, St. Thomas	15.23
4	Katie Arnes, Sr, St. Thomas	15.77
5	Becky Peterson, Fr, St. Olaf	16.15
6	Anne Sikorra, So, St. Catherine	16.16
7	Kristina Hall, Fr, Concordia	16.38
8	Heidi Fryer, Jr, Gustavus	16.50

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400 Meter Hurdles

Round 1, Heat 1

1	Katie Arnes, Sr, St. Thomas	65.04Q
2	Sara Grineski, Sr, Concordia	65.19q
3	Kristina Hall, Fr, Concordia	66.95q
4	Julia Gray, Jr, Macalester	68.87q
5	Natalie Scheidt, So, St. Benedict	69.86q
6	Kim Davis, So, Carleton	70.20
7	Bonny Pastika, Jr, Hamline	73.82
	Emily Menden, Sr, St. Thomas	DNC

Round 1, Heat 2

1	Carrie Stuart, Jr, Carleton	62.51Q
	NCAA Automatic	
	NCAA Provisional	
2	Kit Neubauer, So, St. Benedict	65.25q
3	Delinda Tamagni, So, St. Catherine	69.91q
4	Pam Mertens, So, Gustavus	71.40
5	Tamra Thayer, Jr, Carleton	71.55
6	Andrea Barnett, So, St. Benedict	74.94
	Liz Hajek, Jr, Macalester	DNC
	Janet Hengel, Sr, St. Olaf	DQ

Final

1	Carrie Stuart, Jr, Carleton	62.08
	NCAA Automatic	
	NCAA Provisional	
2	Sara Grineski, Sr, Concordia	64.54
	NCAA Provisional	
3	Katie Arnes, Sr, St. Thomas	65.14
4	Kit Neubauer, So, St. Benedict	65.18
5	Kristina Hall, Fr, Concordia	67.33
6	Delinda Tamagni, So, St. Catherine	68.04
7	Natalie Scheidt, So, St. Benedict	68.97
8	Julia Gray, Jr, Macalester	69.29

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3000M Steeplechase

1 Heather Brenden, Sr, Concordia	11:24.25
2 Stef Lenz, Sr, Gustavus	11:38.61
3 Becky Mooney, Jr, St. Thomas	11:51.61
4 Mary Pulling, Jr, St. Thomas	11:54.36
5 Laura Graen, Sr, Gustavus	11:54.45
6 Beth Sexton, Jr, St. Benedict	11:58.62
7 Lea Howard, Gustavus	12:01.90
8 Lisa Owen, Fr, Concordia	12:04.66
9 Sara Kittelson, Jr, St. Thomas	12:06.99
10 Alana Lucio, Fr, St. Thomas	12:23.55
11 Mary Reid, Sr, St. Olaf	12:29.03
12 Renee Schaefer, Fr, Macalester	12:30.79
13 Nicole Mauriello, Fr, Carleton	12:36.08
14 Megan Magnall, Sr, St. Olaf	12:41.36
15 Jill McKiernan, Fr, Carleton	12:42.37
16 Jenny Maxted, Jr, Hamline	12:58.25
17 Britt Carlson, Fr, St. Olaf	13:09.92
18 Liz Sorenson, So, Concordia	13:23.92

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4X100 Meter Relay

Round 1, Heat 1

1 St. Thomas (Katie Bestul, Katie Arnes, Heidi Vogel, Jill Ylonen)	49.21Q
NCAA Provisional	
2 St. Benedict (Ali Judkins, Jen Ewertz, Laura Caldwell, Molly Miller)	50.13q
3 St. Catherine (Delinda Tamagni, Laura Widen, Jill Ament, Anne Sikorra)	50.88q
4 St. Olaf (Kelly Spitzley, Becky Peterson, Sara Daymont, Janet Hengel)	51.12q
5 Macalester (Cerissa Chaney, Julia Gray, Elizabeth Durney, Katie Christenson)	51.14q

Round 1, Heat 2

1 Gustavus (Ellen Graef, Kim Swanson, Shannon Verly, Maggie Stolp)	50.51Q
2 Concordia (Sara Grineski, Margaret Cropp, Annie Knierim, Kelli Tranby)	50.54q
3 Saint Mary's (Clara Setzer, Kari Pederson, Melissa Redig, Amber Liss)	51.24q
4 Carleton (Kim Davis, Sarah Lang, Tamra Thayer, Carrie Stuart)	51.56
5 Hamline (Ali Taylor, Bonny Pastika, Christine Walsten, Stacy Heiling)	52.07
6 Bethel (Beth Depuy, Bretta Vrieze, Becky Asp, Kristina Isaacson)	53.65

Final

1 St. Thomas (Katie Bestul, Katie Arnes, Heidi Vogel, Jill Ylonen)	48.80
NCAA Provisional	
2 Gustavus (Ellen Graef, Kim Swanson, Maggie Stolp, Stacy Horner)	49.27
3 Concordia (Kari Rosenfeldt, Margaret Cropp, Annie Knierim, Kelli Tranby)	49.81
4 St. Benedict (Ali Judkins, Jen Ewertz, Laura Caldwell, Molly Miller)	49.88
5 St. Catherine (Delinda Tamagni, Laura Widen, Jill Ament, Anne Sikorra)	50.67
6 St. Olaf (Kelly Spitzley, Becky Peterson, Sara Daymont, Janet Hengel)	50.76
7 Macalester (Cerissa Chaney, Julia Gray, Elizabeth Durney, Katie Christenson)	51.04
8 Saint Mary's (Clara Setzer, Kari Pederson, Melissa Redig, Amber Liss)	51.37

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4X400 Meter Relay

1 Gustavus (Kim Swanson, Kate Krueger, Ellen Graef, Stacy Horner)	3:57.12 H2
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2	St. Thomas (Jill Ylonen, Heidi Vogel, Kara Hedin, Crystal Dusich)	3:58.98 H2
3	Concordia (Margaret Cropp, Heidi Brenden, Whitney Ostrem, Sara Grineski)	4:01.52 H2
4	St. Benedict (Jen Ewertz, Jen Bruns, Kit Neubauer, Anne Radabaugh)	4:02.00 H2
5	Macalester (Elizabeth Durney, Katie Christenson, Emily Koller, Hannah Palmer)	4:04.08 H2
6	Carleton (Liz Cassel, Muggy Lee, Tamra Thayer, Carrie Stuart)	4:05.97 H2
7	St. Catherine (Laura Widen, Katie Eichten, Jill Ament, Sydney Larson)	4:09.19 H1
8	Hamline (Ali Taylor, Jen Davis, Corrin Hoffman, Teresa Olsen)	4:09.34 H1
9	St. Olaf (Dawn Mielke, Marit Grorud, Abby Love, Janet Hengel)	4:09.85 H2
10	Saint Mary's (Clara Setzer, Amber Liss, Kari Pederson, Theresa Miller)	4:12.11 H1
11	Bethel (Bretta Vrieze, Jackie Danforth, Angela Wolkowski, Rachel Bjorklund)	4:20.75 H2

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4X800 Meter Relay

1	Hamline (Corrin Hoffman, Alaina Eckhoff, Jen Davis, Teresa Olsen)	9:31.00
2	St. Thomas (Mary Pulling, Teresa Smock, Amber Beck, Tish Dusich)	9:35.58
3	St. Olaf (Marit Grorud, Abby Love, Margie Tilman, Megan Daymont)	9:36.79
4	Concordia (Kendra Lee, Sarah Rustad, Naomi Hill, Heather Brenden)	9:40.77
5	Gustavus (Lea Howard, Laura Graen, Stacie Bulfer, Jen Skalko)	9:45.74
6	Bethel (Jackie Danforth, Kara Schulz, Angela Wolkowski, Rachel Bjorklund)	9:50.86
7	Carleton (Andrea Grunst, Jessica Deutsch, Cora Monahan, Muggy Lee)	9:52.08
8	St. Benedict (Cindy Blendermann, Julie Schmitz, Rachel Castor, Natalie Scheidt)	10:01.71
9	Augsburg (Danielle Slack, Chrissy Baune, Amy Mackner, Teresa Lewandowski)	10:06.03
10	Macalester (Hannah Palmer, Marne Christenson, Mo Mullikin, Mischa Werschkul)	10:14.26

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Long Jump

Round 1, Flight 1

1	Kari Pederson, Sr, Saint Mary's	16-4 1/4	(4.98m)q
2	Annie Knierim, So, Concordia	16-1	(4.90m)q
3	Heidi Vogel, So, St. Thomas	16-0 1/4	(4.88m)
4	Christine Walsten, Fr, Hamline	15-10 1/2	(4.84m)
5	Erin Davidson, Fr, St. Olaf	15-6	(4.72m)
6	Crystal Dusich, Sr, St. Thomas	15-2 3/4	(4.64m)
7	Becky Peterson, Fr, St. Olaf	15-1 1/2	(4.61m)
8	Kerby Carlson, Fr, St. Thomas	14-7 1/4	(4.45m)
	Linnea Engel, Fr, Carleton	ND	

Round 1, Flight 2

1	Kelli Tranby, Jr, Concordia	17-11	(5.46m)q
2	Kara Hedin, Sr, St. Thomas	17-10 3/4	(5.45m)q
3	Molly Nemes, Sr, Gustavus	17-0 3/4	(5.20m)q
4	Carrie Stuart, Jr, Carleton	16-9 3/4	(5.12m)q
5	Anne Sikorra, So, St. Catherine	16-5	(5.00m)q
6	Katie Patterson, Fr, St. Thomas	16-1	(4.90m)q
7	Nicole Meidl, Fr, St. Thomas	15-9	(4.80m)
8	Heather Adams, Jr, St. Benedict	14-5 3/4	(4.41m)
	Katie Christenson, Fr, Macalester	ND	

Final

1 Kelli Tranby, Jr, Concordia	18-1 3/4	(5.53m)
	NCAA Provisional	
2 Kara Hedin, Sr, St. Thomas	17-10 3/4	(5.45m)
3 Molly Nemes, Sr, Gustavus	17-5 1/2	(5.32m)
4 Annie Knierim, So, Concordia	17-0 3/4	(5.20m)
5 Carrie Stuart, Jr, Carleton	16-9 3/4	(5.12m)
6 Kari Pederson, Sr, Saint Mary's	16-9 1/4	(5.11m)
7 Anne Sikorra, So, St. Catherine	16-5	(5.00m)
8 Katie Patterson, Fr, St. Thomas	16-1 1/2	(4.91m)

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Triple Jump

Round 1, Flight 1

1 Molly Nemes, Sr, Gustavus	34-9 1/2	(10.60m)q
2 Heidi Vogel, So, St. Thomas	33-10	(10.31m)q
3 Kerby Carlson, Fr, St. Thomas	33-6 1/2	(10.22m)q
4 Katie Christenson, Fr, Macalester	33-1 3/4	(10.10m)
5 Amber Mensen, Fr, St. Benedict	32-9 1/2	(9.99m)
6 Sarah Beggs, Jr, St. Olaf	31-10 3/4	(9.72m)
7 Renee Splichal, Fr, Concordia	31-4 3/4	(9.57m)
8 Liz Murray, Fr, Gustavus	31-4 1/2	(9.56m)
9 Kari Rosenfeldt, So, Concordia	31-0 1/2	(9.46m)

Round 1, Flight 2

1 Kara Hedin, Sr, St. Thomas	36-7 1/2	(11.16m)q
2 Lindsey Weis, Fr, Gustavus	35-6 3/4	(10.84m)q
3 Crystal Dusich, Sr, St. Thomas	35-6	(10.82m)q
4 Linnea Engel, Fr, Carleton	34-11	(10.64m)q
5 Annie Knierim, So, Concordia	34-4 1/4	(10.47m)q
6 Andrea Kleven, Fr, Gustavus	33-2 1/2	(10.12m)
7 Heidi Fryer, Jr, Gustavus	32-4 1/4	(9.86m)
8 Heather Adams, Jr, St. Benedict	31-10	(9.70m)
9 Katie Patterson, Fr, St. Thomas	31-1 1/4	(9.48m)

Final

1 Kara Hedin, Sr, St. Thomas	36-7 1/2	(11.16m)
2 Crystal Dusich, Sr, St. Thomas	36-0	(10.97m)
3 Lindsey Weis, Fr, Gustavus	35-10 1/2	(10.93m)
4 Annie Knierim, So, Concordia	35-7 3/4	(10.86m)
5 Molly Nemes, Sr, Gustavus	35-1 3/4	(10.71m)
6 Linnea Engel, Fr, Carleton	34-11 1/4	(10.65m)
7 Heidi Vogel, So, St. Thomas	33-10	(10.31m)
8 Kerby Carlson, Fr, St. Thomas	33-7 1/4	(10.24m)

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Shot Put

Round 1, Flight 1

1 Jackie Luehmann, Fr, Gustavus	44-5 1/2	(13.55m)q
	NCAA Automatic	
	NCAA Provisional	
2 Jeanna Spanning, Sr, St. Catherine	40-10 1/4	(12.45m)q
3 Kristin Petersen, Fr, Gustavus	40-1 1/4	(12.22m)q
4 Jasmine Lund, Jr, Bethel	37-0 1/4	(11.28m)
5 Allison Clark, So, St. Benedict	36-7	(11.15m)
6 Anne Poduska, Sr, Macalester	35-5	(10.79m)
7 Crystal Baloun, Fr, St. Thomas	34-3	(10.44m)
8 Robin Schuette, Jr, Hamline	34-2	(10.41m)
9 Emily Uzzell, So, St. Olaf	33-7 1/4	(10.24m)

Round 1, Flight 2

1 Tona Schmidtke, Fr, Gustavus	42-6 3/4	(12.97m)q
	NCAA Provisional	
2 Becky Martinson, So, Hamline	39-3	(11.96m)q
3 Al Kern, Sr, St. Benedict	38-11	(11.86m)q
4 Amy Buran, Sr, Gustavus	38-3 1/2	(11.67m)q
5 Alicia Tull, Sr, Concordia	37-5 3/4	(11.42m)q
6 Ali Taylor, So, Hamline	37-5	(11.40m)
7 Melissa Logan, Fr, Carleton	36-10 1/4	(11.23m)
8 Colleen O'Hearn, Jr, Saint Mary's	35-0 1/2	(10.68m)
9 Colleen Wiley, Fr, St. Catherine	32-11 1/4	(10.04m)

Final

1 Jackie Luehmann, Fr, Gustavus	44-5 1/2	(13.55m)
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NCAA Automatic
NCAA Provisional

2 Tona Schmidtke, Fr, Gustavus	42-6 3/4 (12.97m)
NCAA Provisional	
3 Kristin Petersen, Fr, Gustavus	41-4 1/2 (12.61m)
4 Jeanna Spannring, Sr, St. Catherine	40-10 1/4 (12.45m)
5 Al Kern, Sr, St. Benedict	40-6 1/4 (12.35m)
6 Becky Martinson, So, Hamline	39-3 (11.96m)
7 Amy Buran, Sr, Gustavus	38-3 1/2 (11.67m)
8 Alicia Tull, Sr, Concordia	37-5 3/4 (11.42m)

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Discus Throw

Round 1, Flight 1

1 Mariah Mougey, So, Concordia	127-1 (38.73m)q
2 Alicia Tull, Sr, Concordia	122-2 (37.24m)q
3 Colleen O'Hearn, Jr, Saint Mary's	117-7 (35.85m)
4 Emily Rankin, Sr, Concordia	115-10 (35.30m)
5 Kate Otremba, So, St. Benedict	114-6 (34.89m)
6 Becky Martinson, So, Hamline	114-1 (34.77m)
7 Crystal Baloun, Fr, St. Thomas	114-0 (34.75m)
8 Joquel Rudningen, Fr, St. Benedict	108-5 (33.06m)
9 Christine Heine, Gustavus	105-4 (32.10m)

Round 1, Flight 2

1 Jeanna Spannring, Sr, St. Catherine	144-0 (43.89m)q
NCAA Provisional	
2 Kristin Petersen, Fr, Gustavus	129-5 (39.45m)q
3 Jackie Luehmann, Fr, Gustavus	126-8 (38.62m)q
4 Robin Schuette, Jr, Hamline	126-8 (38.60m)q
5 Jennifer Levenhagen, Fr, St. Olaf	124-1 (37.83m)q
6 Lisa Eidenschink, So, St. Olaf	123-5 (37.63m)q
7 Collen Wiley, Fr, St. Catherine	114-11 (35.02m)
8 Tona Schmidtke, Fr, Gustavus	111-3 (33.92m)
Katie Hoeschen, Fr, Gustavus	ND

Final

1 Jeanna Spannring, Sr, St. Catherine	144-0 (43.89m)
NCAA Provisional	
2 Mariah Mougey, So, Concordia	134-5 (40.98m)
3 Kristin Petersen, Fr, Gustavus	130-7 (39.80m)
4 Lisa Eidenschink, So, St. Olaf	129-1 (39.35m)
5 Jackie Luehmann, Fr, Gustavus	126-9 (38.63m)
6 Robin Schuette, Jr, Hamline	126-8 (38.60m)
7 Jennifer Levenhagen, Fr, St. Olaf	124-1 (37.83m)
8 Alicia Tull, Sr, Concordia	122-2 (37.24m)

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Hammer Throw

Round 1, Flight 1

1 Carrie Lind, Sr, Augsburg	141-6 (43.13m)q
2 Julie Mareck, So, St. Catherine	139-4 (42.47m)q
3 Tona Schmidtke, Fr, Gustavus	138-11 (42.34m)q
4 Ali Taylor, So, Hamline	130-1 (39.64m)q
5 Jennifer Eckman, Sr, Augsburg	128-10 (39.26m)q
6 Crystal Baloun, Fr, St. Thomas	126-2 (38.45m)
7 Amy Buran, Sr, Gustavus	125-11 (38.38m)
8 Jasmine Lund, Jr, Bethel	123-8 (37.70m)
9 Reina Dee, Jr, St. Thomas	121-4 (36.98m)

Round 1, Flight 2

1 Mariah Mougey, So, Concordia	141-3 (43.06m)q
2 Becky Lacher, Jr, Concordia	135-8 (41.36m)q
3 Kate Otremba, So, St. Benedict	127-7 (38.88m)q
4 Joquel Rudningen, Fr, St. Benedict	126-4 (38.50m)
5 Nancy Eichten, Sr, St. Catherine	123-6 (37.65m)
6 Becky Martinson, So, Hamline	121-6 (37.03m)
7 Anne Poduska, Sr, Macalester	119-5 (36.41m)
8 Emily Rankin, Sr, Concordia	118-1 (35.99m)
9 Robin Schuette, Jr, Hamline	111-7 (34.02m)

Final

1 Tona Schmidtke, Fr, Gustavus	147-6 (44.95m)
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NCAA Provisional

2 Julie Mareck, So, St. Catherine	145-2 (44.24m)
3 Mariah Mougey, So, Concordia	144-4 (44.00m)
4 Carrie Lind, Sr, Augsburg	141-6 (43.13m)
5 Becky Lacher, Jr, Concordia	139-4 (42.48m)
6 Ali Taylor, So, Hamline	130-6 (39.78m)
7 Jennifer Eckman, Sr, Augsburg	128-10 (39.26m)
8 Kate Otremba, So, St. Benedict	127-7 (38.88m)

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Javelin Throw

Round 1, Flight 1

1 Nancy Eichten, Sr, St. Catherine	111-5 (33.97m)q
2 Angie Strom, Sr, Concordia	111-4 (33.93m)q
3 Alison Routledge, Jr, Concordia	103-3 (31.48m)q
4 Stacy Heiling, So, Hamline	100-9 (30.70m)q
5 Jackie Luehmann, Fr, Gustavus	96-3 (29.34m)
5 Chaitra Raile, Jr, Concordia	96-3 (29.34m)
7 Kertin Blazina, Jr, Gustavus	88-5 (26.95m)
8 Colleen O'Hearn, Jr, Saint Mary's	86-1 (26.24m)
9 Leah Dvorak, So, St. Olaf	82-6 (25.14m)

Round 1, Flight 2

1 Margaret Cropp, Sr, Concordia	127-10 (38.97m)q
2 Alicia Tull, Sr, Concordia	119-5 (36.39m)q
3 Jen Dowzak, Jr, St. Catherine	113-6 (34.59m)q
4 Katie Reynolds, So, St. Thomas	104-0 (31.70m)q
5 Katie Hoeschen, Fr, Gustavus	96-8 (29.46m)
6 Sara Diercks, Jr, St. Thomas	95-6 (29.11m)
7 Katie Cowles, Sr, Concordia	94-0 (28.66m)
8 Danielle Soncrant, Fr, St. Benedict	93-0 (28.36m)
9 Becky Madvig, So, Bethel	85-7 (26.08m)

Final

1 Margaret Cropp, Sr, Concordia	128-5 (39.14m)
2 Alicia Tull, Sr, Concordia	119-5 (36.39m)
3 Angie Strom, Sr, Concordia	113-10 (34.69m)
4 Jen Dowzak, Jr, St. Catherine	113-6 (34.59m)
5 Nancy Eichten, Sr, St. Catherine	111-5 (33.97m)
6 Stacy Heiling, So, Hamline	105-4 (32.11m)
7 Katie Reynolds, So, St. Thomas	104-0 (31.70m)
8 Alison Routledge, Jr, Concordia	103-3 (31.48m)

NCAA Provisional

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High Jump

1 Katie Arnes, Sr, St. Thomas	5-4 1/4 (1.63m)
2 Lindsey Weis, Fr, Gustavus	5-2 1/4 (1.58m)
3 Andrea Kleven, Fr, Gustavus	5-0 1/4 (1.53m)
4 Leah Dvorak, So, St. Olaf	5-0 1/4 (1.53m)
4 Angie Strom, Sr, Concordia	5-0 1/4 (1.53m)
6 Anne Sikorra, So, St. Catherine	4-10 1/4 (1.48m)
6 Melissa Redig, Fr, Saint Mary's	4-10 1/4 (1.48m)
6 Clara Setzer, Sr, Saint Mary's	4-10 1/4 (1.48m)
6 Kelly Quaal, So, Concordia	4-10 1/4 (1.48m)
10 Ellie Lewis, So, Macalester	4-10 1/4 (1.48m)
10 Kim Davis, So, Carleton	4-10 1/4 (1.48m)
12 Sarah Wishard, Jr, Hamline	4-10 1/4 (1.48m)
13 Kate Krueger, Sr, Gustavus	4-10 1/4 (1.48m)
14 Lauren Topel, So, St. Olaf	4-8 1/4 (1.43m)
14 Katie Bestul, Sr, St. Thomas	4-8 1/4 (1.43m)

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Pole Vault

1 Janet Hengel, Sr, St. Olaf	11-2 1/2 (3.42m)
2 Caroline Boatz, Sr, St. Benedict	11-2 1/2 (3.42m)
3 Nikki Tuma, Sr, St. Benedict	10-10 3/4 (3.32m)

NCAA Provisional

NCAA Provisional

NCAA Provisional

4 Nicole Meidl, Fr, St. Thomas	10-6 3/4	(3.22m)
	NCAA Provisional	
5 Tamra Thayer, Jr, Carleton	9-10 3/4	(3.02m)
6 Lisa Kuechle, Sr, St. Benedict	9-10 3/4	(3.02m)
7 Katie Joyce, So, St. Thomas	9-10 3/4	(3.02m)
7 Karolien Bastiaens, Fr, St. Thomas	9-10 3/4	(3.02m)
9 Heidi Fryer, Jr, Gustavus	9-5	(2.87m)
9 Shannon Martin, Fr, Gustavus	9-5	(2.87m)
11 Theresa Lonsky, Fr, St. Benedict	9-5	(2.87m)
12 Tera Kazek, So, Bethel	8-11	(2.72m)
12 Heather Moor, Jr, Carleton	8-11	(2.72m)
12 Anne Sikorra, So, St. Catherine	8-11	(2.72m)
15 Sarah Margoles, Fr, Carleton	8-11	(2.72m)
16 Lisa Tracy, Fr, St. Thomas	8-11	(2.72m)
17 Sarah Lenhardt, So, St. Benedict	8-11	(2.72m)
18 Jen Fettig, Sr, Concordia	8-5 1/4	(2.57m)
19 Tara Robillard, Fr, St. Thomas	8-5 1/4	(2.57m)
Christie Thames, Fr, St. Thomas	NH	

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Heptathlon

1 Carrie Stuart, Jr, Carleton	4306
	NCAA Provisional
2 Anne Sikorra, So, St. Catherine	4171
	NCAA Provisional
3 Katie Christenson, Fr, Macalester	4129
	NCAA Provisional
4 Margaret Cropp, Sr, Concordia	4104
	NCAA Provisional
5 Kim Davis, So, Carleton	3967
6 Becky Peterson, Fr, St. Olaf	3851
7 Kari Pederson, Sr, Saint Mary's	3836
8 Jill Ament, Fr, St. Catherine	3782
9 Clara Setzer, Sr, Saint Mary's	3762
10 Crystal Dusich, Sr, St. Thomas	3691
11 Katie Reynolds, So, St. Thomas	3430
12 Jennifer Levenhagen, Fr, St. Olaf	3319
13 Lauren Topel, So, St. Olaf	3120
14 Renee Splichal, Fr, Concordia	3032
15 Kristen Haglund, So, Concordia	2831
Angie Strom, Sr, Concordia	ND

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